



Kortright Hills -Your Neighbourhood Group

“creating a village in the city”

Please Contact Us

We are located in the community room at
Kortright Hills Public School
23 Ptarmigan Drive Guelph, ON N1C 1B5
519.837.0974 khng@bellnet.ca www.khng.ca

Our Boundaries

North – Downey and Niska Rd from Hanlon to Waterfowl Park - North to Stone Road

East – Hanlon Expressway;

West – City Limits;

South West – City Limits to Downey Rd;

South East – Teal Dr. May from Downey to Hanlon.

April 2014 issue

Visit us on the Web: www.khng.ca



2014



Kortright Hills Neighbourhood Group
& 26th Guelph Scouting Group

Clean - Green



Saturday, April 26, 2014
9:00 am – 11:30 am

Meet in the Kortright Hills Community Room
(KHNG community room, side entrance of the school)

Join us for our 9th annual family clean up of our public green spaces & parks.
Refreshments, gloves, maps and garbage bags will be provided.
Help keep the community beautiful.

FREE Volunteer Appreciation BBQ
offered at 12 noon by the City of Guelph
at the Large Red Picnic Shelter River
Side Park. Get your **FREE** lunch tickets
from Leone (KHNG Representative)
Saturday April 26th.



For more information contact
Leone Schadenberg
KHNG Neighbourhood Support Worker
519.837.0974
khng@bellnet.ca or www.khng.ca

ATTENTION ALL GREEN THUMBS!!



BACK BY POPULAR DEMAND!!
4TH ANNUAL KHNG COMMUNITY
PLANT SWAP



&
26TH GUELPH COMPOST FUNDRAISER



SATURDAY MAY 3rd – 9 AM to 2 PM

Drop off your plants Friday morning May 2nd between 7 pm & 8 pm
Labeling material will be available, come back Saturday morning to pick a new plant for your garden

KHNG Community Room (side entrance of KHPS)

**\$3.00 PER CUBIC
SQUARE FOOT
BAG OF
COMPOST PRE-
ORDER TODAY
KHNG@BELLNET.CA**

26th Guelph Compost Fundraiser, to raise money for Venture youth & leaders to attend a Jamboree in Eastern Canada August 2014



**PLANT SWAPPING IS EASY, SAVES YOU TIME,
MONEY & IS GREAT FOR THE ENVIRONMENT!**

DONATE A PLANT - RECEIVE A PLANT!

Visit our website for up to date information of upcoming events
www.khng.ca



NEW KHNG/WYNDHAM HOUSE YOUTH DROP IN!!

FREE Multi-Activity Night - Youth: 8+ Years Old - 7:00 pm - 9:00 pm - Kortright Hills Public School Gym
Friday May 2, 16 & 30 June 13 & 27 2014. All welcome, bring your friends and family for a night of fun.
PLEASE BRING NEW IDEAS FOR PROGRAMS IN YOUR COMMUNITY.
Snacks will be provided!!



For more info: steps@wyndhamhouse.org
519 822 2768



For more information email khng@bellnet.ca or call 519.837.0974 or visit www.khng.ca

Garden Fresh Box



Garden Fresh Box is a non-profit produce buying program that provides you with affordable fresh fruit and vegetables,

while supporting local farmers!!

EVERYONE IS WELCOME to participate in the Garden Fresh Program

How it works:

- ⇒ ORDER by the first Tuesday of each month
- ⇒ PICK-UP on the third Wednesday of the month between 5-7pm
- ⇒ Typical boxes contains 9-14 vegetables and 2-5 types of fruit
- ⇒ LARGE Box \$20, SMALL Box \$15



WEBSITE:

<http://www.guelphchc.ca/pages/healthy-living/food-health/garden-fresh-box>

KHNG is your local host site
order your Garden Fresh Box Today!!

Email: khng@bellnet.ca



Order and Pick Up Dates:

| Order & Pay By: | Pick-Up |
|-----------------|--------------|
| Mon Apr 1st | Wed Apr 16th |
| Tues May 6th | Wed May 21st |
| Tues Jun 3rd | Wed Jun 18th |

KHNG Presents KASP (Kortright After School Program) "Hogwarts Comes to KASP"

- Who: Students from *JK — Grade 6
- What: 13-week Recreational & Educational After School Program
- Where: Kortright Hills Community Room
- When: Mon, Tues, Wed & Thurs
3:20 - 5:30pm - Mar 31 to Jun 26th, 2014
- Cost: \$11 per day
(cheques payable to Kortright Hills Neighbourhood Group)

Welcome to Hogwarts!

You have been accepted into Hogwarts school of Wizardry!

Below is your Hogwarts school class timetable!
Day 1 - Potions (Science); Day 2 - Care of Magical Creatures (Animal themed); Day 3 - Muggle Studies and Magical Lore (Fun and Creative Activities); Day 4 - Magical Sports * Games (Active play).

Hogwarts school of Magic will include snacks, special guests and magical fun during your stay.

*JK and SK students will be escorted to the community room after school by a KASP staff member.

Parent/Student Volunteers Needed!

Please email if you are able to volunteer in the program for any or all of the sessions.

To register, email Leone at khng@bellnet.ca for a registration form.

Register Now Limited Space Available!!



"creating a village in the city"

June 21, 2014

Happy First Day of Summer



Everybody has a little music inside...

- Piano
- Ukulele
- All ages welcome



www.CynthiaKMUSIC.com
info@cynthiakmusic.com



"creating a village in the city"

Visit

www.khng.ca

Official KHNG website

Check it out!!

Register and become a member

Our website offers:

- Current events
- Discussion forum
- Minutes of our meetings
- Monthly calendar
- Quarterly newsletters
- Current programs available

Become a member, register now!!

Join KHNG on Facebook - surf over to

<http://www.facebook.com/groups/304228836299974/>

and join the group. It's a great place to share ideas, photos and link with other neighbours



"creating a village in the city"

Welcome!

If you are new to the neighbourhood, we extend a warm welcome to you and your family! Please consider joining us for our regular monthly meetings to help plan social & recreational events.

Thank You!

A special 'thanks' goes to all of our volunteers and community partners, 26th Guelph Scouting Group, Kortright Hills Public School and the City of Guelph. Your support for our neighbourhood is greatly appreciated!

Stay

To get email updates of our neighbourhood events delivered right to your inbox, please send your request to khng@bellnet.ca.

Informed:

Also watch for our new A-frame signs telling you that new information is posted on our website.

Spring Programs!



PHOTO CLUB: Welcomes new members who are interested in digital photography to meet in the community room at Kortright Hills PS the first Monday of each month at 7:00pm.

Contact Gregg Parsons for more information: 519.824.6107.

NOTE: Next Photo Club Meeting May 5, June 2 & July 7, 2014



HOME DAYCARE SUPPORT GROUP: If you are providing child care in your home in our neighbourhood, come to the community room on Wednesday mornings from 9:30-11:30 to meet with other caregivers and children. Call Cheryl Campagnolo 519-837-2462 or cheryl.campagnolo@rogers.com for more information.

SCOUTS: Do you enjoy camping, making new friends, developing leadership skills and much more? If so, the **26th Scout Group** is the group for you. Registration is available in all sections for the 2013/2014 scouting year

Beavers ages 5-7 meet Mondays 6:30-7:30

Cubs ages 8-10 meet Wednesdays 6:30-8:00

Scouts ages 11-14 meet Tuesdays 7:00-8:45

Venturer ages 14-17 meet Mondays 7:00-8:45

The above scouting programs meet at Kortright Hills Public School.

Contact 26th Guelph Registrar Leone 519.821.6948 or email

26thguelph@w.scouter.ca for further information.



Visit other Neighbourhood Groups in Guelph for community events throughout the city.

Grange Hill East: Email: info@gheng.ca

Hanlon Creek Neighbourhood Group:

hanlon_creek_neighbourhood@yahoo.ca

Two Rivers Neighbourhood Group: www.tworiversng.ca

Downtown Neighbourhood Association:

www.guelphdna.ca/contact

Parkwood Gardens Neighbourhood Group:

www.freewebs.com/parkwoodgardens/

Brant Ave Neighbourhood Group: <http://brantaveng.com/>

Waverley Neighbourhood Group: Phone: (519) 821-9677

Exhibition Park Neighbourhood Group: www.epng.ca

Onward Willow Neighbourhood Group:

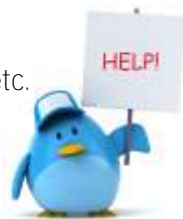
www.onwardwillowbetterbeginnings.ca/

Clairfields Neighbourhood Group: New Group

WE WELCOME YOUR PARTICIPATION & NEED YOUR HELP

Can you help us continue to deliver social and recreational programs for our community? In the coming months we are seeking your assistance with:

- * Planning of Earth Day, Plant Swap, BBQ etc.
- * Becoming a leader with our Scout Group
- * Planning other social, recreational events



If these or similar opportunities are of interest to you,

contact us today at khng@bellnet.ca

Your help is needed – call or e-mail us today!!

Mark your calendars to attend KHNG upcoming Events:

KHNG Monthly meeting/social:

Tuesday April 15, 2014

Thursday May 15, 2014

Thursday June 19, 2014

- * Garden Fresh Box Pick Up - Wed Apr 16, May 21, June 18 2014
- * KHNG/Wyndham House - Fri May 2, 16, 30 June 13 & 27, 2014 multi sport drop in night KHPS School Gym
 - * KHNG Annual Earth Day - Saturday April 26th
 - * KHNG Annual Plant Swap - Saturday May 3, 2014
- * 26th Guelph Annual Compost Fundraiser - Saturday May 3, 2014
 - * KHNG Annual BBQ - Saturday June 21, 2014

Visit KHNG website for up to date events: www.khng.ca

Consider getting involved with *YOUR Neighbourhood Group*

Join us the 3rd Thursday of each month at 7:00 pm in the Community Room!



Kortright Hills
-Your Neighbourhood Group

"creating a village in the city"

The Guelph Hiking Trail Club
presents another...

Free Kids Hike!!!



Sunday May 4, 2014

1:00pm @ Kissing Bridge Trail (Approx 90 mins)

Come out and introduce the young people in your life to the fun of hiking as we look for signs of spring along the Kissing Bridge Trail!

Meeting Place: Prior to the 1:00 pm hike start in the Kissing Bridge Trail parking lot at Ariss. (Call for more location details)

Children must be accompanied by an adult on the hike. No pets. Please register in advance with:

Kathy Somers,
519 836-0147 or ksomershtc@gmail.com



Kortright Hills resident
since 1989

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Caruso Homeopathic Clinic

Heather Caruso, BSc., DHMS HD

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- Voted Diamond in the Guelph Tribune's Readers' Choice Awards 2012



13 years successful practice healing people naturally

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- Gastrointestinal disorders (acid reflux, diverticulitis, ibs, ibd)
- Autoimmune conditions (lupus, rheumatoid arthritis, guillian barre, nephritis, eczema, cystitis)
- Cardiovascular disease (hypertension, high cholesterol and arteriosclerosis)
- Diabetes/insulin resistance

Sign up for our free e-newsletter for health!

www.carusohomeopathy.com

Guelph 519 827 9237

Heather Caruso



“Buying my first home was a daunting task, but Linda made it *simple* and *easy*. ”

-Claire Braden

“Without her we would not be in the home we *love* so much today! ”

-Amelia Morris & Clarke Mattany

Get my advice on how to get your home market ready. For a professional complimentary Market Evaluation call Linda today at 519-760-0008 or email at linda@cbn.on.ca

LINDA MAIN | Sales Representative

Discover the benefits of using your neighbourhood realtor

Office: 519.821.3600 | Cell: 519.760.0008 | @LindaTMain



"creating a village in the city"

The Guelph-Wellington Time Bank

Interested in a cash-free economy that rebuilds community, practices social justice and is happening now in Guelph?

Time banking may be for you!

We look forward to sharing time with you!

For more information visit:

www.guelphwellington.timebanks.org

E: gwtb@transitionguelph.org



Two for Two is What You Do!

Brushing your teeth two times a day for two minutes each time helps prevent cavities.

If you don't have dental insurance and can't afford care, we have free dental services for your children at Public Health. At our dental clinics, we provide free cleanings for children. We can help children with cavities and other urgent problems get the treatment they need.

For more information about our dental services, call our Dental Line at 1-800-265-7293 ext. 2661 or visit

www.wdgpUBLICHEALTH.ca



26TH GUELPH COMPOST FUNDRAISER

Help the 26th Venturer Group raise money to travel to a 2014 EAST COAST JAMBOREE IN AUGUST!!

\$3.00/cubic square foot bags

Pre Order your compost today!!

Please call Paul 519-821-6948 Or

Email: paulleone@sympatico.ca

Pick up your orders

Sat, May 3rd, 2014

23 Ptarmigan Dr., 9am to 2pm



Guelph's south-end is growing fast and you and I are part of that!

Do you love connected community?

I want to know my neighbours and what you want this neighbourhood to look like?

So, let's participate in Clairfields Neighbourhood Group

The Clairfields neighbourhood group gives us a place to meet, co-create and share ideas or get together to build connections.

Come out and bring your opinions + friends on:

May 15th @ 7pm

Sir Isaac Brock School

111 Colonial Dr. classroom #104

Snack will be provided

I hope to see all of you there!

For more information contact Rita Esber at clairfieldsng@gmail.com

26th Guelph Scouting Group

Looking for volunteers to help run our scouting programs in the Fall
Beaver Scout
Cub Scout
Scouts

Venturer Scout Programs
If interested please contact
Paul Schadenberg

Commissioner

26th Scout Group

519-821-6948



Want to Advertise in KHNG Quarterly Newsletter:



"creating a village in the city"

KHNG sends an electronic newsletter out four times a year, next issue July 2014. If you wish to advertise your business, a small sponsorship fee will apply. Share your favourite recipe with your neighbours, write an article of interest or if you are a student looking to offer your services (i.e. babysitting, shoveling snow, cutting/raking the lawn) and wish to put your information in our newsletter E-mail khng@bellnet.ca. This is a great way for Kortright Hills Neighbourhood to come together by sharing thoughts, talents and services available, neighbours helping neighbours.

Kortright Hills Classifieds!!



Community Volunteers Needed!!

Volunteers Needed for "KASP" Program

Kortright After School Program need volunteers to assist with this program. KASP runs Mon, Tues, Wed and Thurs, 3:20 to 5:30 pm, students JK to Gr. 6. This would be a perfect opportunity for stay-at-home parents, grandparents and/or high school/university students to give back to the community.

If interested please contact Leone khng@bellnet.ca

26th Guelph Scouting Group

Do you enjoy the outdoors? Do you love to work with children aged 5 to 17? Become a volunteer leader at the 26th Guelph Scouting Group. For further details contact

26thguelph@wellington.on.scouts.ca

26th Guelph Scouting Group

Join The Adventure of 26th Guelph Scouting Group

Interested in joining BEAVERS, CUBS, SCOUTS...

Register now for this scouting year 2013/2014.

The 26th Guelph Scouting Group meets in the school gym at Kortright Hills Public School

Beavers ages 5-7 meet Mondays 6:30-7:30

Cubs ages 8-10 meet Wednesdays 7:00-8:30

Scouts ages 11-14 meet Tuesdays 7:00-8:45

Venturers ages 14-17 meet Mondays 7:00-9:00

For more details contact Leone 519-821-6948 or

26thguelph@wellington.on.scouts.ca



Kortright Hills Neighbourhood Opportunities

KHNG Community Room

Are you looking for a place to hold a community meeting, start a club, provide a workshop or have an idea for adult or children programs? Would you like to share your time/ideas with the neighbourhood. Call or email KHNG to find our more information or book the community room.

KHNG Electronic Mailing List

Join KHNG mailing list to receive newsletters/posters of recreational and social events within your neighbourhood. Tell your friends and neighbours, call or email Leone to add your email to our electronic list.

Local Home Daycare

Boogaloos Home Daycare

Full and Part-time openings available
Children ages 18 months to six years old.
Contact: Brandy at 226-706-6000

www.daycare.boogaloos.ca



Contact KHNG:

www.khng.ca * khng@bellnet.ca * 519-837-0974

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Makin' Faces Face Painting/Infinite Body Arts!!

Makin' Faces Face Painting/Infinite Body Arts

Face Painting & body art plus henna, jagua, glitter, belly painting & airbrush tattoos.

With an awards winning & insured Crew of specialty artists we can accommodate events of all sizes from birthday parties to festivals. 519-942-7539 infinitebodyarts@gmail.com or makinfaces@gmail.com



Want to Advertise in KHNG Newsletter

KHNG Newsletters January, April, July and October 2014

Sponsorship Suggested Rate Scale:

| | | |
|--|-------------------------|---------------------|
| Full page ad, graphics, logo and border | \$100.00 for Newsletter | \$50.00 for Website |
| Half page ad, graphics, logo and border | \$50.00 for Newsletter | \$25.00 for Website |
| Quarter page ad, graphics, logo and border | \$25.00 for Newsletter | \$15 for Website |
| Business card size, graphic, logo and border | \$15.00 for Newsletter | \$10.00 for Website |

Small word ad, max 15 words, No graphics, FREE

Newsletter advertising helps fund KHNG events.
Advertise in our next newsletter April 2014!!



“creating a village in the city”

Want to Advertise in KHNG Quarterly Newsletter:

KHNG sends an electronic newsletter out four times a year, next issue July 2014. If you wish to advertise your business, a small sponsorship fee will apply. Share your favourite recipe with your neighbours, write an article of interest or if you are a student looking to offer your services (i.e.: babysitting, shoveling snow, cutting/raking the lawn) and wish to put your information in our newsletter E-mail khng@bellnet.ca. This is a great way for Kortright Hills Neighbourhood to come together by sharing thoughts, talents and services available, neighbours helping neighbours.

Kortright Hills Classifieds Continued!!



Community Room Available!!

Do you have an idea for an:
Event
Program
Social



that may interest others in the Kortright Hills Neighbourhood?

Ask KHNG about using the community room!

Call Leone 519.837.0974 or e-mail: khng@bellnet.ca

Contact KHNG:

www.khng.ca * khng@bellnet.ca * 519-837-0974

Community Teacher Needs Your Help!!

One of our community members, a teacher with the Upper Grand District School Board, has helped to launch a new program for Teen Parents. It operates out of the Shelldale Community Centre in the afternoons. Their mandate is to provide support to the Teen Parents as well as the opportunity to finish their high school diplomas.

There are several ways for you to contribute to this worthwhile initiative such as:

- 1) Being a mentor who will meet on a periodic basis with the parents
- 2) As a community member who has the ability to donate either financially or with donations of clothes, toys, diapers, bottles etc.
- 3) As a community member who could offer their services pro bono (i.e. taxes etc.)

Thank-you in advance for your generosity and for helping to make a positive difference.

Please contact Kim Durst at 519-831-3720 or

kimberley.durst@ugdsb.on.ca



The Tidier, The Better!

Wild Birds Unlimited®
951 Gordon St
(Gordon & Kortright)
Guelph, Ontario
519-821-2473
guelph.wbu.com

Under Your Feeders with Tidy Foods

Under Your Feeders without Tidy Foods

visit Us!

Summer Safety Tips for Everyone:

SUN SAFETY

- Apply sunscreen that is SPF 15 or more 20 minutes before you go outside
- Wear clothes that cover your skin such as hats, shoes, long pants, and long sleeved shirts
- Protect your eyes with sunglasses that are UVA and UVB rated
- Stay in the shade



GUELPH
POLICE
SERVICE
PRIDE
SERVICE
TRUST



Heat Waves

- Drop into a cool store, restaurant or Theatre every so often
- Stay hydrated by drinking enough water and avoiding caffeine and alcoholic beverages
- If you do not have air conditioning, try sitting in front of a fan
- Take cool showers to help lower your body temperature

Thunderstorms/ Lightning

- Go inside or remain in your vehicle
- Inside buildings, stay off corded phones, computers and other electrical equipment that put you in direct contact with electricity
- Stay inside your vehicle; you may get a shock if you step outside
- Lightning victims do not carry an electrical charge, are safe to touch, and need urgent medical attention



COLOUR
ME!!



Seasonal Safety Tips

April - The nice weather will be starting and there will be an increased number of cyclists on city roadways. Please share the roadway and take note of cyclists around you.

May - Make sure your car is in proper repair to start your holiday weekend. **Please don't drink and drive.** Kids, make sure you wear your bicycle helmet.

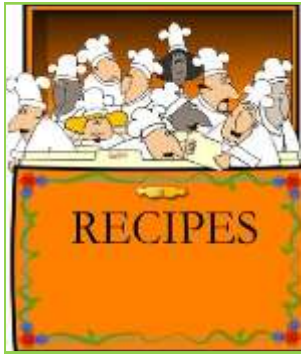
June - School's out... make sure you are aware of the increased pedestrian and bicycle traffic from youths on city streets and neighbourhoods.



Other tips can be found on the Guelph Police Services website:
<http://www.guelphpolice.com>



Kortright Hills Recipe Corner!!



"creating a village in the city"

Berry, Mango & Spinach Salad

Ingredients:

4 cups tightly packed baby spinach leaves
1 cup chopped mango s (3/4-inch chunks)
1 cup fresh strawberries , quartered
1/2 cup thinly sliced red onions
1/4 cup Kraft Fruit & Veg Berry Balsamic Dressing
1/4 cup toasted slivered almonds



Directions:

Cover platter with spinach; top with fruit and onions.
Drizzle with dressing just before serving.
Sprinkle with nuts.

Foil-Pack BBQ Salmon



Ingredients:

3 cups coleslaw blend (cabbage slaw mix)
4 skinless salmon fillet s (1 lb./450 g), 1 inch thick
1 cup cherry tomatoes , halved
1 small onion , thinly sliced
1/4 cup Kraft Calorie-Wise Sun-Dried Tomato & Oregano Dressing

Directions:

Heat barbecue to medium-high heat.
Spoon coleslaw blend onto centres of 4 large sheets heavy-duty foil; top with remaining ingredients. Fold to make 4 packets.
Grill 10 min. or until fish flakes easily with fork.

Miracle Devilled Eggs

Ingredients:

6 hard-cooked eggs , cut lengthwise in half
1/3 cup Miracle Whip made with Olive Oil Spread*
1/8 tsp. paprika



Directions: Mash egg yolks in medium bowl with fork. Add Miracle Whip; mix well. Fill whites with yolk mixture; sprinkle with paprika. *Made with a blend of oils including olive, canola, and soybean oil.

Potato Gems

Ingredients:

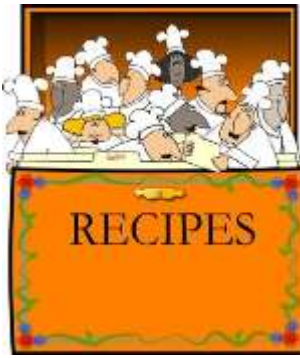
1/2 lb. (225 g) each new red and white potatoes (1 to 1-1/2-inch)
1/4 cup Pure Kraft Refrigerated Creamy Balsamic Dressing
1 Tbsp. chopped fresh chives

Directions:

Heat oven to 400°F.
Spread potatoes onto rimmed baking sheet; spray lightly with cooking spray.
Bake 20 to 25 min. or until tender; place in large bowl. Add dressing; toss to coat. Return to baking sheet. Bake 5 to 8 min. or until lightly browned.
Transfer to serving dish; sprinkle with chives.



Kortright Hills Recipe Corner!!



Caramelized Carrots & Onions

Ingredients:

1 small sweet onion , chopped
1/4 cup Kraft Extra Virgin Olive Oil Fig Balsamic Dressing
1 lb. (450 g) carrot s, cut diagonally into 1/4-inch-thick slices
1 tsp. zest and 1/4 cup juice from 1 orange
1 Tbsp. brown sugar



Directions:

Cook onions in dressing in large skillet on medium-low heat 15 min. or until onions are soft and caramelized, stirring occasionally.

Meanwhile, cook carrots in boiling water in large saucepan 2 to 3 min. or until crisp-tender; drain.

Add carrots, orange zest, juice and sugar to onions in skillet; mix well. Cook on medium heat 2 to 3 min. or until carrots are heated through and evenly glazed, stirring frequently.

Cherry Cutie Pies in a Jar

Ingredients:

1/2 cup (1/2 of 250-g tub) Philadelphia Cream Cheese Spread
1/2 cup butter , softened
1-1/2 cups flour
1 can (19 fl oz/540 mL) cherry pie filling
1 egg , beaten
1 tsp. sugar



Directions:

Beat cream cheese spread and butter in large bowl with mixer until blended. Gradually beat in flour; shape into ball. Wrap in plastic wrap. Refrigerate 1 hour.

Heat oven to 375°F. Roll out dough on lightly floured surface to 1/8-inch thickness. Remove lids from 6 clean (125-mL) jam jars. Use the ring from 1 jar to cut 12 (4-inch) rounds from dough, rerolling scraps as necessary. Press 1 round onto bottom and up side of each jar, extending edge of dough over top of jar.

Spoon pie filling into jars. Brush edges of dough at tops of jars evenly with half the egg. Cover with remaining dough rounds; seal edges with fork. Brush with remaining egg. Cut slits in tops with sharp knife to allow steam to escape. Sprinkle with sugar. Place on rimmed baking sheet. Bake 35 to 40 min. or until tops are golden brown and filling starts to bubble through slits. Cool 1 hour.

Hip-Hop Bunny Cake

Ingredients:

2 baked 9-inch round carrot cake layers , cooled
1 pkg. (250 g) Philadelphia Light Brick Cream Cheese Spread , softened
1/2 cup butter , softened
1 pkg. (500 g) icing sugar
2 tsp. vanilla
2-2/3 cups flaked coconut , divided
few drops red food colouring
1/2 tsp. water
decorations: 2 pieces red string licorice, 2 large flat gumdrop candies, 17 small gumdrops



Directions:

Cut 1 cake layer as shown in Diagram 1. Arrange cakes on tray or large platter as shown in Diagram 2.

Beat cream cheese spread, butter, sugar and vanilla with mixer until blended; frost cake.

Reserve 1/4 cup coconut. Mix food colouring and water; toss with remaining coconut until evenly tinted. Sprinkle over cake. Add reserved coconut for the cheeks and inner ears.

Add decorations to resemble photo.

A GREAT INSIDE GARDEN TIP...

How to Reuse your Kitchen Scraps!!

Growing Vegetables from Kitchen Scraps....in Water!

It's hard to wait until fresh vegetables are ready from the garden, but you can easily regrow vegetables in your window sill from vegetable scraps.

You only have to cut the bottom of the plant (vegetable) off and **place the 'root' in a container with about an inch of water.** Change the water a couple times a week.

In about 3-4 weeks, you will have a small vegetable ready to harvest. You can transplant them into soil for a larger plant.

Try this with celery, lettuce, green onions, kale and bok choy.

Enjoy!!



CUT OFF THE ROOT!!



ONE WEEK GROWTH!!



THREE WEEK GROWTH!!